



MAYOR OF MERTHYR TYDFIL'S APPEAL FUND  
Cancer Aid Merthyr Tydfil



**Sunday, 17th June 2012**

# THE ROMAN TRAIL

**20 Mile Mountain Bike Ride!**

**12.00pm From Silver Street, Brecon**

**A Historical, Challenging and Scenic Route along  
the route of the Roman Run**

**Test yourself against the elements.**

or

**6 Mile Family Walk or Cycle!**

**12.00 pm from the Ffynon Dwyn, Ponsticill  
along the Taff Trail, plenty of exciting things  
to see along the way, all ending at  
Merthyr Tydfil Leisure Centre**

Entry Form and Sponsor forms available on our web site [www.merthyr.gov.uk](http://www.merthyr.gov.uk)  
or from the Mayor's Office, Tel (01685) 725320  
or [www.taffcycletraining.co.uk](http://www.taffcycletraining.co.uk)

